# Reciprocal microswimmers in a viscoelastic fluid

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#### **ABSTRACT**

We suggest several reciprocal swimming mechanisms that lead to locomotion only in viscoelastic fluids. In the first situation, we consider a three-sphere microswimmer with a difference in oscillation amplitudes for the two arms. In the second situation, we consider a three-sphere microswimmer in which one of the frequencies of the arm motion is twice as large as the other one. In the third situation, we consider a two-sphere microswimmer with a difference in size for the two spheres. In all these three cases, the average velocity is proportional to the imaginary part of the complex shear viscosity of a surrounding viscoelastic medium. We show that it is essential for a micromachine to break its structural symmetry in order to swim in a viscoelastic fluid by performing reciprocal body motions.

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#### I. INTRODUCTION

Microswimmers are small machines that swim in a fluid and have potential applications in microfluidics and microsystems. Over the length scale of microswimmers, the fluid forces acting on them are dominated by the frictional viscous forces. By transforming chemical energy into mechanical energy, however, microswimmers change their shape and move efficiently in viscous environments. According to the scallop theorem suggested by Purcell, reciprocal body motion cannot be used for locomotion in a Newtonian fluid.<sup>2-4</sup> As one of the simplest models exhibiting non-reciprocal body motion, Najafi and Golestanian proposed a three-sphere swimmer<sup>5,6</sup> in which three in-line spheres are linked by two arms of varying length. Recently, such a swimmer has been experimentally realized by using colloidal beads manipulated by optical tweezers, ferromagnetic particles at an air-water interface, 8,9 or neutrally buoyant spheres in a viscous fluid. 10

For many microswimmers in nature, however, the surrounding fluid is not necessarily purely viscous, but, in general, viscoelastic. Several studies have discussed the swimming behaviors of micromachines in different types of viscoelastic fluids. 11-18 In particular, Lauga showed that the scallop theorem in a viscoelastic fluid breaks down if the squirmer has a fore-aft asymmetry in its surface velocity distribution.<sup>13</sup> In our recent study, we have discussed the locomotion of a three-sphere microswimmer in a viscoelastic medium. 19 Here, a relationship linking the average swimming

velocity to the frequency-dependent viscosity of the surrounding medium was derived. We demonstrated that the absence of the timereversal symmetry of the body motion (i.e., non-reciprocal motion) is reflected in the real part of the frequency-dependent complex viscosity, whereas the absence of the structural symmetry of the swimmer shape is reflected in its imaginary part.

Later, we investigated the locomotion of a three-sphere microswimmer in a viscoelastic structured fluid, characterized by typical length and time scales.<sup>20</sup> The competition between the swimmer size and the characteristic length scale associated with the fluid internal structure gives rise to the rich dynamics. 21,22 The present authors have also proposed a generalized three-sphere microswimmer model in which the spheres are connected by two harmonic springs, i.e., an elastic microswimmer. <sup>23–26</sup> It has been shown that an elastic microswimmer in a purely viscous fluid exhibits "viscoelastic" effects as a whole.2

In this paper, employing either a three-sphere or a two-sphere microswimmer, we suggest several swimming mechanisms that include only reciprocal (rather than non-reciprocal) body motions and can lead to locomotion only in viscoelastic fluids. According to the scallop theorem, <sup>2-4</sup> the considered reciprocal body motions cannot be used for locomotion in a purely viscous fluid. For a threesphere swimmer in a viscoelastic fluid, the simplest reciprocal body motion has been proposed in our previous work.<sup>19</sup> This is possible when the two amplitudes of the oscillatory arm motion are different, namely, when the structural symmetry of a three-sphere

microswimmer is broken. For the illustration of the calculation scheme, we first explain this reciprocal motion even though the result is a part of the calculation in Ref. 19.

We then suggest two other reciprocal swimming mechanisms in a general viscoelastic fluid: a three-sphere microswimmer in which one of the frequencies of the arm motion is twice as large as the other one and a two-sphere microswimmer with a difference in size for the two spheres. In all these three cases, we show that the average velocity is proportional to the imaginary part of the complex shear viscosity that characterizes the elasticity of the surrounding fluid. The suggested body motions highlight the essential swimming mechanism of a micromachine in viscoelastic fluids. For the sake of clarity, we do not include any non-reciprocal body motions of a microswimmer, as discussed in Ref. 19. Moreover, we assume that the surrounding viscoelastic fluid is homogeneous and do not consider any fluid internal structures as in Ref. 20.

In Sec. II, we briefly review Ref. 19 to show the basic equations for the motion of a three-sphere swimmer in a general viscoelastic fluid. In Sec. III, we discuss the locomotion of a three-sphere swimmer when the two arm amplitudes are asymmetric, as already discussed in Ref. 19. In Sec. IV, we explain the case of asymmetric arm frequencies for a three-sphere swimmer. The generalization for higher frequencies of the arm motion is also discussed. In Sec. V, we present the result for an asymmetric two-sphere microswimmer in a viscoelastic fluid. Finally, a summary of our work and a discussion is provided in Sec. VI.

## II. THREE-SPHERE MICROSWIMMER IN A VISCOELASTIC FLUID

The general equation that describes the hydrodynamics of a low-Reynolds-number flow in a viscoelastic medium is given by the following generalized Stokes equation:<sup>2</sup>

$$\int_{-\infty}^{t} dt' \, \eta(t - t') \nabla^{2} \mathbf{v}(\mathbf{r}, t') - \nabla p(\mathbf{r}, t) = 0. \tag{1}$$

Here,  $\eta(t)$  is the time-dependent shear viscosity, **v** is the velocity field, p is the pressure field, and  $\mathbf{r}$  stands for a three-dimensional positional vector. The above equation is further subjected to the incompressibility condition,

$$\nabla \cdot \mathbf{v} = 0. \tag{2}$$

From these equations, one can obtain a linear relation between the time-dependent force F(t) acting on a hard sphere of radius a and its time-dependent velocity V(t). In the Fourier domain, this relation can be represented as

$$V(\omega) = \frac{1}{6\pi n [\omega] a} F(\omega), \tag{3}$$

where we use a bilateral Fourier transform for  $V(\omega) = \int_{-\infty}^{\infty} dt \, V(t) e^{-i\omega t}$  and  $F(\omega) = \int_{-\infty}^{\infty} dt \, F(t) e^{-i\omega t}$ , while we employ a unilateral one for  $\eta[\omega] = \int_0^{\infty} dt \, \eta(t) e^{-i\omega t}$ . Equation (3) is the general eralized Stokes-Einstein relation (GSR), which has been successfully used in active microrheology experiments, <sup>28–30</sup> and its mathematical validity has also been discussed.3

Next, we briefly explain the three-sphere micromachine model proposed by Najafi and Golestanian.<sup>5,6</sup> As schematically shown in

Fig. 1, this model consists of three spheres of the same radius a. They are connected by two arms of lengths  $L_1(t)$  and  $L_2(t)$ , which undergo time-dependent motion, as we will discuss separately in Secs. III and IV. Moreover, the radius of the two arms is assumed to be negligibly small. If we define the velocity of each sphere along the swimmer axis as  $V_i(t)$  (i = 1, 2, 3), we have

$$\dot{L}_1(t) = V_2(t) - V_1(t), \tag{4}$$

$$\dot{L}_2(t) = V_3(t) - V_2(t),$$
 (5)

where  $\dot{L}_1$  and  $\dot{L}_2$  indicate the time derivatives of  $L_1$  and  $L_2$ ,

Owing to the hydrodynamic effect, each sphere exerts a force  $F_i$  on the viscoelastic medium and experiences a force  $-F_i$  from it. To relate the forces and the velocities in the frequency domain, we use the GSR in Eq. (3) and the Oseen tensor in which the frequency-dependent viscosity  $\eta[\omega]$  is used instead of a constant one. 33,34 Assuming that  $a \ll L_1$ ,  $L_2$ , we can write the three velocities  $V_i(\omega)$  as<sup>5,0</sup>

$$V_{1}(\omega) = \frac{F_{1}(\omega)}{6\pi\eta[\omega]a} + \frac{1}{4\pi\eta[\omega]} \frac{F_{2}(\omega) * L_{1}^{-1}(\omega)}{2\pi} + \frac{1}{4\pi\eta[\omega]} \frac{F_{3}(\omega) * (L_{1} + L_{2})^{-1}(\omega)}{2\pi},$$
 (6)

$$V_{2}(\omega) = \frac{1}{4\pi\eta[\omega]} \frac{F_{1}(\omega) * L_{1}^{-1}(\omega)}{2\pi} + \frac{F_{2}(\omega)}{6\pi\eta[\omega]a} + \frac{1}{4\pi\eta[\omega]} \frac{F_{3}(\omega) * L_{2}^{-1}(\omega)}{2\pi},$$
(7)

$$V_{3}(\omega) = \frac{1}{4\pi\eta[\omega]} \frac{F_{1}(\omega) * (L_{1} + L_{2})^{-1}(\omega)}{2\pi} + \frac{1}{4\pi\eta[\omega]} \frac{F_{2}(\omega) * L_{2}^{-1}(\omega)}{2\pi} + \frac{F_{3}(\omega)}{6\pi\eta[\omega]a},$$
(8)

where we have used bilateral Fourier transforms such as  $L_1^{-1}(\omega)$ =  $\int_{-\infty}^{\infty} dt \left[ L_1(t) \right]^{-1} e^{-i\omega t}$ . Furthermore, the convolution of two functions is generally defined by  $g_1(\omega) * g_2(\omega) = \int_{-\infty}^{\infty} d\omega' g_1(\omega)$  $-\omega'$ ) $g_2(\omega')$  in the above equations.

Since we are interested in the autonomous net locomotion of the swimmer, there are no external forces acting on the spheres.

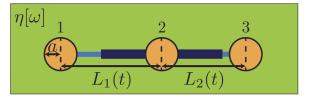


FIG. 1. Najafi-Golestanian three-sphere swimmer model. Three identical spheres of radius a are connected by arms of lengths  $L_1(t)$  and  $L_2(t)$ , and they undergo time-dependent cyclic motions [see Eqs. (10) and (11) or Eqs. (18) and (19)]. Such a microswimmer is embedded in a viscoelastic medium characterized by a frequency-dependent complex shear viscosity  $\eta[\omega]$ . In this work, we consider only reciprocal body motions.

Neglecting the inertia of the surrounding fluid, we require the following force balance condition:

$$F_1(\omega) + F_2(\omega) + F_3(\omega) = 0.$$
 (9)

Since Eqs. (6)–(8) involve convolutions in the frequency domain, we cannot solve these equations for arbitrary  $L_1(t)$  and  $L_2(t)$ . In Secs. III–V, we assume three different reciprocal arm motions for  $L_1(t)$  and  $L_2(t)$  and obtain the average velocity of a microswimmer in a viscoelastic fluid.

#### III. ASYMMETRIC ARM AMPLITUDES

We first consider the case when the amplitudes of the two arms are different. We assume that the two arms undergo the following reciprocal periodic motion:

$$L_1(t) = \ell + d_1 \cos(\Omega t), \tag{10}$$

$$L_2(t) = \ell + d_2 \cos(\Omega t). \tag{11}$$

In the above equations,  $\ell$  is the constant length,  $d_1$  and  $d_2$  are the amplitudes of the oscillatory motion, and  $\Omega$  is the common arm frequency. It should be emphasized that, in contrast to Ref. 19, we do not include any difference in the phases between the two arms, and hence, the whole body motion is reciprocal. On the other hand, we characterize the structural symmetry of the swimmer by  $d_1$  and  $d_2$ . The whole micromachine is symmetric when  $d_1 = d_2$ , while it is asymmetric when  $d_1 \neq d_2$ .

Since the arm frequency is  $\Omega$ , we assume that the velocities and the forces of the three spheres can generally be written as

$$V_{i}(\omega) = V_{i,0} \,\delta(\omega) + \sum_{n=1}^{\infty} [V_{i,n} \,\delta(\omega + n\Omega) + V_{i,-n} \,\delta(\omega - n\Omega)], \quad (12)$$

$$F_{i}(\omega) = F_{i,0} \,\delta(\omega) + \sum_{n=1}^{\infty} [F_{i,n} \,\delta(\omega + n\Omega) + F_{i,-n} \,\delta(\omega - n\Omega)]. \quad (13)$$

Substituting Eqs. (12) and (13) into the six coupled equations (4)–(9), we obtain, in general, a matrix equation with infinite dimensions.

Under the conditions  $d_1$ ,  $d_2 \ll \ell$  and  $a \ll \ell$ , we are allowed to consider only  $n=0,\pm 1$ , and we further use the approximation  $F_{i,\pm 2} \approx 0$ . Then, we can solve for the six unknown functions  $V_i(\omega)$  and  $F_i(\omega)$  and also calculate the total swimming velocity,

$$V = \frac{1}{3}(V_1 + V_2 + V_3). \tag{14}$$

Up to the lowest order terms in *a*, the average swimming velocity over one cycle of motion becomes 19

$$\overline{V} = -\frac{5a(d_1^2 - d_2^2)\Omega}{48\ell^2 \eta_0} \eta''[\Omega], \tag{15}$$

where  $\eta''[\Omega]$  is the imaginary part of the complex shear viscosity,  $\eta[\Omega] = \eta'[\Omega] + i\eta'''[\Omega]$ , and  $\eta_0 = \eta[\Omega \to 0]$  is the constant zero-frequency viscosity. A detailed derivation of Eq. (15) is given in the Appendix. Note that  $\eta''[\Omega]$  is taken to be negative in our notation. Hence,  $\overline{V} > 0$  when  $d_1 > d_2$ .

Since Eq. (15) involves  $\eta''[\Omega]$ , it can be regarded as an elastic contribution that exists when the structural symmetry of the swimmer is broken, i.e.,  $d_1 \neq d_2$ . In other words, a reciprocal three-sphere micromachine uses the elastic degree of freedom of the surrounding viscoelastic medium for its locomotion. The structural asymmetry,  $d_1 \neq d_2$ , is necessary for a microswimmer to determine its moving direction. For a purely Newtonian fluid, namely, for a medium characterized by a constant viscosity, Eq. (15) vanishes even when  $d_1 \neq d_2$  because  $\eta''[\Omega] = 0$ . The above result also implies that a three-sphere swimmer cannot move in a purely elastic medium for which we have  $\eta_0 \to \infty$ .

When the arm motion is non-reciprocal, such as by introducing a phase difference between the two arms, a different term arises.  $^{19,20}$  This term includes  $\eta'[\Omega]$  and hence can be regarded as the viscous contribution. Because Eq. (15) contributes to the average velocity even for a reciprocal body motion, the scallop theorem should be generalized for a three-sphere swimmer in a viscoelastic medium.  $^{13}$ 

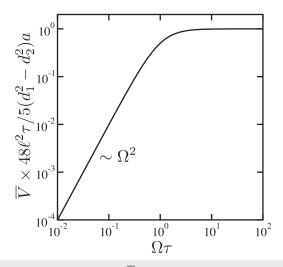
To illustrate the above result, we assume that the surrounding viscoelastic medium is described by a simple Maxwell model. <sup>19</sup> In this case, the frequency-dependent complex viscosity can be written as

$$\eta[\omega] = \eta_0 \frac{1 - i\omega\tau}{1 + \omega^2\tau^2},\tag{16}$$

where  $\tau$  is the characteristic time scale. Within this model, the medium behaves as a viscous fluid for  $\omega \tau \ll 1$ , while it becomes elastic for  $\omega \tau \gg 1$ . Using Eq. (16), we can easily obtain the average swimming velocity in Eq. (15) as <sup>19</sup>

$$\overline{V} = \frac{5(d_1^2 - d_2^2)a\Omega}{48\ell^2} \frac{\Omega \tau}{1 + \Omega^2 \tau^2}.$$
 (17)

Here,  $\overline{V}$  increases as  $\overline{V} \sim \Omega^2$  for  $\Omega \tau \ll 1$ , and it approaches a constant for  $\Omega \tau \gg 1$ . In Fig. 2, we plot the dimensionless average



**FIG. 2**. Average swimming velocity  $\overline{V}$  as a function of  $\Omega \tau$ , where  $\Omega$  is the arm frequency and  $\tau$  is the characteristic time scale in the Maxwell model. Here,  $\overline{V}$  is scaled by  $5(d_1^2-d_2^2)a/(48\ell^2\tau)$  assuming that  $d_1\neq d_2$ .  $\overline{V}$  increases as  $\overline{V}\sim\Omega^2$  for  $\Omega \tau\ll 1$ .

swimming velocity  $\overline{V}$  as a function of the dimensionless arm frequency  $\Omega \tau$  when  $d_1 \neq d_2$ .

## IV. ASYMMETRIC ARM FREQUENCIES

As the second case, we consider the situation where the frequencies of the two arms are different. For the sake of simplicity, we consider here the following time dependencies:

$$L_1(t) = \ell + d\cos(\Omega t), \tag{18}$$

$$L_2(t) = \ell + d\cos(2\Omega t). \tag{19}$$

In the above equations, the frequency of  $L_2$  is twice as large as that of  $L_1$ , whereas the amplitude of oscillation d is taken to be the same. Since the arm frequencies are different, a phase shift does not play any role, and the overall arm motion can be regarded as reciprocal for Eqs. (18) and (19).

The procedure to obtain the average velocity is essentially the same as in Sec. III. We assume that the velocities and the forces of the three spheres are also expressed by Eqs. (12) and (13), respectively. Under the conditions  $d \ll \ell$  and  $a \ll \ell$ , we consider only  $n = 0, \pm 1$ ,  $\pm 2$  and use the approximation  $F_{i,\pm 3} \approx 0$  because of Eq. (19). After some calculation, the average swimming velocity can be obtained as

$$\overline{V} = -\frac{5ad^2\Omega}{48\ell^2\eta_0} \left( \eta''[\Omega] - 2\eta''[2\Omega] \right). \tag{20}$$

Similar to Eq. (15), only the imaginary part of the complex shear viscosity appears in the above expression, and the two terms in Eq. (20) are the elastic contributions. The above result means that a micromachine can swim as long as  $\eta''[\Omega] \neq 2\eta''[2\Omega]$ , which usually holds for viscoelastic fluids. It is interesting to note that the direction of locomotion is determined by the relative magnitude between  $\eta''[\Omega]$  and  $2\eta''[2\Omega]$ . When the arm amplitudes are different and characterized by  $d_1$  and  $d_2$ , as in Eqs. (10) and (11), we have confirmed that the average velocity is then proportional to  $d_1^2 \eta''[\Omega] - 2d_2^2 \eta''[2\Omega]$ , as one can expect from Eqs. (15) and (20).

In general, the motions of the two arms can be given by

$$L_1(t) = \ell + d\cos(\Omega t), \tag{21}$$

$$L_2(t) = \ell + d\cos(m\Omega t), \tag{22}$$

where m is an integer. Note that the average velocity vanishes for m = 1 even in a viscoelastic fluid because the arm amplitudes are the same in Eqs. (21) and (22). Although we have explicitly calculated only up to m = 3, we speculate that the average velocity can be given

$$\overline{V} = -\frac{5ad^2\Omega}{48\ell^2\eta_0} (\eta''[\Omega] - m\eta''[m\Omega]), \tag{23}$$

which is a natural generalization of Eq. (20). When m is very large, the first term becomes negligible, and the whole locomotion is dominated by  $\eta''[m\Omega]$ .

One can further generalize Eq. (21) to  $L_1(t) = \ell + d\cos(M\Omega t)$ , where M is another integer, while  $L_2$  is still given by Eq. (22), but  $M \neq m$ . Then, the least common multiple of M and m determines the period of the overall reciprocal motion of a micromachine. In

this case, we predict, in general, that the first term in Eq. (23) will be replaced by  $M\eta''[M\Omega]$ , which results from the symmetry of our system.

#### V. ASYMMETRIC TWO-SPHERE MICROSWIMMER

As the third reciprocal body motion, we consider a two-sphere swimmer consisting of two hard spheres having different sizes. As shown in Fig. 3, these two spheres are connected by a single arm that can vary its length. The radii of the two spheres are denoted by  $a_1$ and  $a_2$ , respectively, and the distance between them is L(t). As the equations of motion for the two spheres are even simpler than those for a three-sphere swimmer, we shall explicitly write them below.

Similar to Eqs. (4) and (5), the time derivative of L is given by

$$\dot{L}(t) = V_2(t) - V_1(t). \tag{24}$$

Corresponding to Eqs. (6)–(8), the relations between the velocities and the forces in the frequency domain can be written as

$$V_1(\omega) = \frac{F_1(\omega)}{6\pi\eta[\omega]a_1} + \frac{1}{4\pi\eta[\omega]} \frac{F_2(\omega) * L^{-1}(\omega)}{2\pi}, \quad (25)$$

$$V_2(\omega) = \frac{1}{4\pi\eta[\omega]} \frac{F_1(\omega) * L^{-1}(\omega)}{2\pi} + \frac{F_2(\omega)}{6\pi\eta[\omega]a_2}.$$
 (26)

Finally, the force balance equation now becomes

$$F_1(\omega) + F_2(\omega) = 0. \tag{27}$$

The periodic arm motion is assumed to have the following simple form:

$$L(t) = \ell + d\cos(\Omega t). \tag{28}$$

Since there is only one arm, it is obvious that any periodic arm motion is inevitably reciprocal. Under the conditions  $d \ll \ell$  and  $a_1, a_2 \ll \ell$ , we consider only  $n = 0, \pm 1$  and use the approximation  $F_{i,\pm 2} \approx 0$  in Eqs. (12) and (13). Calculating the total swimming velocity  $V = (V_1 + V_2)/2$ , we finally obtain the average swimming velocity over one cycle of motion as

$$\overline{V} = \frac{3a_1a_2(a_1 - a_2)d^2\Omega}{4\ell^2(a_1 + a_2)^2 \eta_0} \eta''[\Omega].$$
 (29)

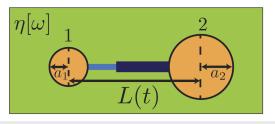


FIG. 3. Asymmetric two-sphere swimmer model. Two spheres of different radii  $a_1$  and  $a_2$  ( $a_1 < a_2$ ) are connected by an arm of length L(t), and it undergoes a time-dependent periodic motion [see Eq. (28)]. The swimmer is embedded in a viscoelastic medium characterized by a frequency-dependent complex shear viscosity  $\eta[\omega]$ .

This result shows that a reciprocal two-sphere micromachine can swim in a viscoelastic fluid when the sphere sizes are different, i.e.,  $a_1 \neq a_2$ . Similar to the previous cases, the average velocity depends only on  $\eta''[\Omega]$ , and it is due to the elastic contribution. Hence, the elasticity of a viscoelastic medium is responsible for the locomotion of a reciprocal microswimmer as long as its structure is asymmetric. This statement does not contradict with the original scallop theorem that holds only for purely viscous fluids.<sup>2-4</sup> When the surrounding fluid is purely elastic, however, the average velocity  $\overline{V}$  vanishes because  $\eta_0 \to \infty$ .

In the limit of  $a_1 \ll a_2$ , for example, Eq. (29) further reduces to

$$\overline{V} \approx -\frac{3a_1 d^2 \Omega}{4\ell^2 \eta_0} \eta''[\Omega]. \tag{30}$$

This result shows that the average velocity of a two-sphere swimmer is proportional to the radius of the smaller sphere,  $a_1$ . Since  $\eta''[\Omega]$  < 0 by definition,  $\overline{V} > 0$  in the limit of Eq. (30).

Here, we discuss the connection between a three-sphere microswimmer and a two-sphere microswimmer considered in Secs. IV and V, respectively. According to the average velocity in Eq. (23) for a three-sphere microswimmer, its locomotion is dominated by  $\eta''[m\Omega]$  when  $m\gg 1$ . In such a situation, the motion of the first arm  $L_1$  appears to be stagnant when compared with that of the second arm  $L_2$ . Note that the limiting expression of Eq. (23) for  $m\gg 1$  is similar to the average velocity in Eq. (30) for a highly asymmetric two-sphere microswimmer, i.e.,  $a_1\ll a_2$ . Although the numerical factors are different between these two limiting expressions, their dependence on the structural and dynamical parameters is identical. Such a similarity between a three-sphere microswimmer and a two-sphere microswimmer is an interesting feature of reciprocal micromachines in a viscoelastic fluid.

#### VI. SUMMARY AND DISCUSSION

In this paper, employing either a three-sphere or a twosphere microswimmer, we have suggested three reciprocal swimming mechanisms that can lead to locomotion only in viscoelastic fluids. In the first situation, we consider a three-sphere microswimmer with a difference in oscillation amplitudes for the two arms. 19 In the second situation, we consider a three-sphere microswimmer in which one of the frequencies of the arm motion is twice as large as the other one. In the third situation, we consider a twosphere microswimmer with a difference in size for the two spheres. In all these three cases, the average velocity is proportional to the imaginary part of the complex shear viscosity that characterizes the elastic property of the surrounding viscoelastic fluid. Hence, it is essential for a micromachine to break its structural symmetry in order to swim in viscoelastic fluids by performing reciprocal body motions. Our result also indicates that the scallop theorem should be generalized for microswimmers in a viscoelastic fluid.

Lauga considered an axisymmetric squirming motion of a spherical squirmer embedded in an Oldroyd-B fluid, which represents a typical polymeric fluid. <sup>13</sup> It was reported that the scallop theorem in a viscoelastic fluid breaks down if the squirmer has a fore-aft asymmetry in its surface velocity distribution, which is in accordance with our result. On the other hand, Curtis and Gaffney

showed that the swimming velocity in a viscoelastic medium is the same as that in a Newtonian fluid. <sup>15</sup> Recently, the motion of a two-sphere swimmer in viscoelastic fluids has been discussed by Datt *et al.* <sup>18</sup> However, their calculations are limited to an Oldroyd-B fluid. Our treatment using the GSR in Eq. (3) is more general because we do not specify any frequency dependence of the complex shear viscosity. We emphasize that our theory applies for all types of linear viscoelastic fluids.

The scallop theorem states that a microswimmer cannot gain any net displacement after one cycle of reciprocal body motion when the surrounding fluid is purely viscous. <sup>2,3</sup> It should be noted that this theorem is correct only when the Reynolds number strictly vanishes. <sup>4</sup> Lauga showed that oscillatory reciprocal forcing of a solid body leads to net translational motion when the Reynolds number is nonzero even when the fluid is purely viscous. <sup>35</sup> It was further predicted that the scallop theorem breaks down with inertia in a continuous manner as long as there are some spatial broken symmetries that govern the direction of the net motion. In the future, it would be interesting to see the effects of inertia for a reciprocal microswimmer in a viscoelastic fluid and to elucidate how the scallop theorem needs to be extended in more general situations.

Even though the argument in this work is restricted to an artificial microswimmer, we expect that the basic concept can be applied to more complex biological processes such as the motion of bacteria, flagellated cellular swimming, and the beating of cilia. Since most of these phenomena take place in a viscoelastic environment, we hope that the suggested mechanisms in this paper will be applicable for more complex biological swimming objects.

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# APPENDIX: DERIVATION OF EQ. (15)

In this appendix, we show the detailed derivation of Eq. (15). Substituting Eqs. (10) and (12) into Eq. (4), we obtain

$$V_{2,0} - V_{1,0} = 0, (A1)$$

$$V_{2,1} - V_{1,1} = -i\pi d_1 \Omega, \tag{A2}$$

$$V_{2,-1} - V_{1,-1} = i\pi d_1 \Omega, \tag{A3}$$

$$V_{2,n} - V_{1,n} = 0 \text{ for } |n| \ge 2.$$
 (A4)

Similarly, substituting Eqs. (11) and (12) into Eq. (5), we obtain

$$V_{3,0} - V_{2,0} = 0, (A5)$$

$$V_{3,1} - V_{2,1} = -i\pi d_2 \Omega, \tag{A6}$$

$$V_{3,-1} - V_{2,-1} = i\pi d_2 \Omega, \tag{A7}$$

$$V_{3,n} - V_{2,n} = 0 \text{ for } |n| \ge 2.$$
 (A8)

Next, we expand Eqs. (6)–(8) in terms of the small quantities  $d_1/\ell$  and  $d_2/\ell$  while keeping only the lowest order terms. Substituting Eqs. (12) and (13) into these three equations, we obtain

$$\begin{split} V_{1,n} &\approx \frac{F_{1,n}}{6\pi\eta[-n\Omega]a} + \frac{1}{4\pi\eta[-n\Omega]\ell} \bigg( F_{2,n} - \frac{d_1F_{2,n+1}}{2\ell} \\ &- \frac{d_1F_{2,n-1}}{2\ell} \bigg) + \frac{1}{4\pi\eta[-n\Omega]\ell} \bigg( \frac{F_{3,n}}{2} - \frac{d_1F_{3,n+1}}{8\ell} \\ &- \frac{d_1F_{3,n-1}}{8\ell} - \frac{d_2F_{3,n+1}}{8\ell} - \frac{d_2F_{3,n-1}}{8\ell} \bigg), \end{split} \tag{A9}$$

$$\begin{split} V_{2,n} \approx & \frac{1}{4\pi\eta [-n\Omega]\ell} \bigg( F_{1,n} - \frac{d_1 F_{1,n+1}}{2\ell} - \frac{d_1 F_{1,n-1}}{2\ell} \bigg) \\ & + \frac{F_{2,n}}{6\pi\eta [-n\Omega]a} + \frac{1}{4\pi\eta [-n\Omega]\ell} \bigg( F_{3,n} - \frac{d_2 F_{3,n+1}}{2\ell} \\ & - \frac{d_2 F_{3,n-1}}{2\ell} \bigg), \end{split} \tag{A10}$$

$$\begin{split} V_{3,n} \approx & \frac{1}{4\pi\eta [-n\Omega]\ell} \left( \frac{F_{1,n}}{2} - \frac{d_1F_{1,n+1}}{8\ell} - \frac{d_1F_{1,n-1}}{8\ell} \right. \\ & - \frac{d_2F_{1,n+1}}{8\ell} - \frac{d_2F_{1,n-1}}{8\ell} \right) + \frac{1}{4\pi\eta [-n\Omega]\ell} \\ & \times \left( F_{2,n} - \frac{d_2F_{2,n+1}}{2\ell} - \frac{d_2F_{2,n-1}}{2\ell} \right) + \frac{F_{3,n}}{6\pi\eta [-n\Omega]a}. \end{split} \tag{A11}$$

Note that the couplings between different n-modes are involved in these equations. Finally, substituting Eq. (13) into Eq. (9), we obtain

$$F_{1,n} + F_{2,n} + F_{3,n} = 0.$$
 (A12)

The above set of equations constitutes a matrix equation with infinite dimensions and cannot be solved, in general. Under the assumption of  $a \ll \ell$ , however, we are allowed to consider only n=-1,0,1 and further approximate as  $F_{i,\pm 2}\approx 0$ . The justification of the latter approximation is also seen by solving Eqs. (A4) and (A8)–(A12) for  $n=\pm 2$  and taking the limit of  $a\ll \ell$ . Hence, the above set of equations can be solved for 18 unknowns, i.e.,  $V_{i,n}$  and  $F_{i,n}$  for i=1,2,3 and n=-1,0,1.

The velocity of each sphere is simply obtained by the inverse Fourier transform,  $V_i(t) = (2\pi)^{-1} \int_{-\infty}^{\infty} d\omega \, V_i(\omega) e^{i\omega t}$ . The average swimming velocity over one cycle of motion is then calculated by

$$\overline{V} = \frac{\Omega}{2\pi} \int_0^{2\pi/\Omega} dt \left[ V_1(t) + V_2(t) + V_3(t) \right] / 3. \tag{A13}$$

Up to the lowest order terms in a, we finally obtain Eq. (15). In order to obtain more accurate higher order terms in a, one needs to take into account the higher order n-modes ( $|n| \ge 2$ ). Equations (20) and (29) can be obtained similarly.

#### DATA AVAILABILITY

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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